

BIODANZA4ALL Newsletter Januari 2011

The Dance of Life : A Profound system of Healing & Pleasure using Music, Movement & Emotion

"Essential Glorious & Authentic Living" met Antoinette Lorraine

Dearest Friends, I want to take this opportunity to send you my heartfelt love and best wishes. That what you desire and what you dream will come into fruition for you in the New Year. Dream it, and then dance it, and it cannot fail - and when you receive the fruit of your labours, you also will share the fruit. This is a cosmic reciprocity: a sharing in cosmic unity. And when you are integrated enough to be in integrity when you do this – all will benefit – and is this not what our existence is about? In Biodanza we are helping to stimulate this integration, this unity. I like to invite you to attend the next beautiful school weekend. All are welcome to join with us in a wonderful, fun and creative experience. From my heart I give an embrace with love and I really hope to see you soon Antoinette

Rolando Toro School voor Biodanza Midden-Nederland:IBF System

Zaterdag 8 januari 13:00 – 20:00 en zondag 9 januari 11:00-18:00

"Creativity" met Antoinette Lorraine

The powerful movement of a universe which is biologically organised and in permanent creation means that human creativity may be considered an extension of these biocosmic-forms which express themselves through every individual. The Act of Living is an act of Creation. Breaking down of old patterns and the birth of new is a creative act. It is not enough to feel expression and keep it in a cage - we have to give birth to our expression. We are at one in the same tune, the message, the created and the creator. This weekend we will explore the acts of creative expression.

**A UNIQUE SYSTEM FOR PERSONAL DEVELOPMENT AND/OR TEACHER TRAINING : English and Dutch
Translations : Sportcentrum de Hoogstraat, Rembrandtkade 10, Utrecht : Accomodation available**

€140 weekend een dag €70 (zaterdag allen): All Welcome!

Vrijdag 7 januari 20:00-21:30 & Zaterdag 8 januari 10.30-12.00

Biodanza Vivencia

by students of the school under supervision

Sportcentrum de Hoogstraat, Rembrandtakade 10, Utrecht All Welcome. Free entry!

TUTOR TRAINING MODULE II with Eliane Matuk 2011

Saturday 29 January 13:00-20:00 & Sunday 30 January 11:00-18:00

You can do this module if you did not do module I

**LOCATION: Sportcentrum de Hoogstraat, Rembrandtkade 10, Utrecht
Kosten: €150 (Payment on entrance in euros)**

Food: Please bring delicious food to share the lunch for both days
Accommodation: Please let us know if you need accommodation

THE EXTENSION BELOW IS OPEN TO EVERYONE WHO IS DOING BIODANZA ;

IT IS AN EDUCATION TO LEARN HOW TO TOUCH

(ONLY THOSE WHO COMPLETE THE SCHOOL TRAINING CAN OFFER THIS AS A WORKSHOP)

BIODANZA EXTENSION: BIODANZA & MASSAGE

Education to Affective touch met Sandra Salmaso (Italy)

3 Modules:

I° STAGE: 18-20 MARCH 2011, II° STAGE: 20-22 MAY 2011, III° STAGE: 17-19 JUNE 2011



FRIDAY 18:00-22:00, SATURDAY 10:00-20:00, SUNDAY 9.30-18:00

EACH MODULE COSTS 160,00. DEPOSIT OF €120 (€40 EACH MODULE) WILL RESERVE YOUR PLACE ON ALL MODULES TO A WILLIAMS RABOBANK 1514.82.179 AMERSFOORT: MASSAGE EXTENSION

PLACE: SPORTCENTRUM DE HOOGSTRAAT, REMBRANDTKADE 10, UTRECHT

For your Agenda:

Biodanza4all Summer Festival Extravanza:Winterswijk 13-17 July 2011

"Creating a Community of Love, Joy & Harmony"

Met Antoinette Lorraine en

Students of the School of Midden-Nederland

You can already reserve your place

Biodanza4all Spain Vacation (Nr Girona) 27 - 31 July 2011

"Oceans of Blissful and Plentiful Love"

met Antoinette Lorraine en Marlies de Hoogh

You can already reserve your place

WEKELIJKSE GROEPEN BEGINNERS ZIJN WELKOM!!!

Nieuw Beginners Group Utrecht! : Buurthuis Ouderwijk, Ouderwijkerdwardsstraat 148 Utrecht

Den Haag	woensdag	19:30-22:00	Gymzaal, Den Helderstraat 260
Utrecht	donderdag	19:30-22:00	Sportcentrum "De Hoogstraat" Rembrandtkade 10
Utrecht	dinsdag	19:30-21:30	Buurthuis Ouderwijk, Ouderwijkerdwardsstraat 148

Veel liefs en tot in de dans,

Antoinette Lorraine 06 41609765

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